

WHAT

Unhealthy foods and sugar-sweet beverages may not be consumed during the school day.

Please provide healthy snacks for your child and classroom parties.
No soda, sugary drinks, candy, cookies, or chips.

HEALTHY
BODIES
=
ACTIVE
MINDS

WHY

Boston Public Schools supports lifelong healthy eating habits for all students and staff. We are committed to combating the problem of childhood obesity and to providing a healthy environment for students. BPS actively promotes the social, emotional and physical wellness of all students to support their healthy development and readiness to learn. BPS aims to create safe, healthy and sustaining school environments.
-BPS Wellness Policy

HEALTHY ALTERNATIVES

FRESH FRUIT
RAW VEGETABLES
CHEESE
DRIED FRUIT AND NUTS



HENNIGAN SNACK POLICY
**[HTTPS://SITES.GOOGLE.COM/BOSTONPUBLICSCHOOL
S.ORG/HENNIGANWELLNESS](https://sites.google.com/bostonpublicschools.org/henniganwellness)**

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HEALTHY ALTERNATIVES

FRESH FRUIT
RAW VEGETABLES
CHEESE
DRIED FRUIT AND NUTS
YOGURT
POPCORN

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FRESH FRUIT
RAW VEGETABLES
DRIED FRUIT AND NUTS
YOGURT
POPCORN
PRETZELS
GRANOLA BARS
PLANTAIN CHIPS
CRACKERS



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