



We've asked some high school students about the keys to their success. We found that success in high school, college, and beyond often boiled down to just four principles.

You may want to cut out this section and paste it in your locker or inside your agenda book where you'll be reminded of them often:

Achievement

The courses you take and how well you do in them matter.

Respect

Respect and value yourself and the people and places that surround you; good things will come as a result.

Community

Your friendship and school community will provide you with the environment you need to succeed. It will be important for you to embrace them, respect them, and contribute positively towards it.

Habits of Mind

The things you do in your personal life to organize your time, balance competing priorities, and develop skills that lead to success will be important in high school and beyond.

"High school teachers treat you like an adult – they expect more of you, but that's because they know you can do it. They know you're up for the challenge."

- Ninth grader, Dorchester Academy

"High School is about growing into adulthood and it's a time when you get to figure out how to make and manage your relationships."

- Tenth grader, Charlestown High School

Who Can Help?

High school is fun and exciting, but it can also be challenging. When times get tough, you can turn to some of these people for support:

Your closest friends

Your peers can relate to what you're going through and can cheer you on in a way no one else can.

Your older siblings or cousins

Check in with family members who already been through the high school transition. They probably have plenty of advice on what to do (and what not to do) when adjusting to high school.

Your teachers

Believe it or not, they are rooting for you, too! Ask one you like for advice. They also make great references for job or scholarship opportunities. Finally, teachers can be a good 'go-to' option if you have a peer situation or if bullying becomes an issue.

Your guidance counselor

Your guidance counselor is also there to support you. If you are having trouble with friends or feeling stressed about your workload, this is a good person to talk to. Counselors are also experts on the college application process, and will gladly help you plan your high school career so you are college ready.

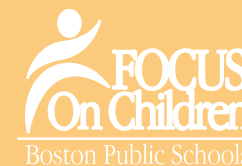
Your parents or grandparents

It's true, they didn't grow up in the same world you're living in now, but parents have all experienced academic challenges, relationship issues, and the stress of being a teenager. Chances are they've got some good advice to share if you let them.

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High School Ready. College Bound.

A Guide to Success for Boston Public High School Students



This guide is available in eight languages at
www.bostonpublicschools.org.