

# JANUARY HOT/COLD BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	NEW YEAR'S DAY! 1	2	3 <ul style="list-style-type: none"> <li>• french toast sticks / fruit</li> <li>• string cheese/cinnamon grahams/ fruit</li> </ul>	4 <ul style="list-style-type: none"> <li>• yogurt/educational snacks/ fruit</li> <li>• plain bagel w/ cream cheese/ fruit</li> </ul>
7 <ul style="list-style-type: none"> <li>• corn chex/ string cheese/ fruit</li> <li>• zee zee cinnamon crisp bar/ fruit</li> </ul>	8 <ul style="list-style-type: none"> <li>• southwest chicken chorizo and cheese bagel/ fruit</li> <li>• blueberry bagel w/ cream cheese/ fruit</li> </ul>	9 <ul style="list-style-type: none"> <li>• pancake bowl peach</li> <li>• yogurt/ granola/ fruit</li> </ul>	10 <ul style="list-style-type: none"> <li>• cheddar cheese and omelet gordita/ fruit</li> <li>• lemon muffin/ fruit</li> </ul>	11 <ul style="list-style-type: none"> <li>• cinnamon raisin bagel w/ cream cheese &amp; jelly/ fruit</li> <li>• zee zee berry apple bar/ fruit</li> </ul>
14 <ul style="list-style-type: none"> <li>• string cheese/ cinnamon grahams/ fruit</li> <li>• yogurt/ granola/ fruit</li> </ul>	15 <ul style="list-style-type: none"> <li>• french toast sticks/ fruit</li> <li>• mini lemon muffin/ string cheese/ fruit</li> </ul>	16 <ul style="list-style-type: none"> <li>• turkey, egg and cheese english muffin/ fruit</li> <li>• multigrain cheerios/ string cheese/ fruit</li> </ul>	17 <ul style="list-style-type: none"> <li>• cinnamon toast bagel/ fruit</li> <li>• plain bagel w/ cream cheese/ fruit</li> </ul>	18 <ul style="list-style-type: none"> <li>• yogurt/ honey grahams/ fruit</li> <li>• french toast muffin/ fruit</li> </ul>
21	22 <ul style="list-style-type: none"> <li>• zee zee cinnamon crisp bar/ fruit</li> <li>• string cheese/ cinnamon grahams/ fruit</li> </ul>	23 <ul style="list-style-type: none"> <li>• egg and cheese bagel/ fruit</li> <li>• blueberry bagel w/ cream cheese/ fruit</li> </ul>	24 <ul style="list-style-type: none"> <li>• pepperjack cheese and omelet gordita/ fruit</li> <li>• yogurt/ educational snacks/ fruit</li> </ul>	25 <ul style="list-style-type: none"> <li>• french toast sticks/ fruit</li> <li>• plain bagel w/ cream cheese/ fruit</li> <li>• blueberry muffin/ fruit</li> </ul>
28 <ul style="list-style-type: none"> <li>• zee zee berry apple crisp bar/ fruit</li> <li>• yogurt/ honey grahams/ fruit</li> </ul>	29 <ul style="list-style-type: none"> <li>• egg and cheese breakfast burrito/ fruit</li> <li>• blueberry bagel w/ cream cheese/ fruit</li> </ul>	30 <ul style="list-style-type: none"> <li>• classic chicken sausage and cheddar bagel / fruit</li> <li>• yogurt/ granola/ fruit</li> </ul>	31 <ul style="list-style-type: none"> <li>• mini cheese omelet w/ french toast stick/ fruit</li> <li>• plain bagel w/cream cheese/ fruit</li> </ul>	

Calling all Boston Public Schools students and families!

We want students to love school food, and we need your input to make this happen. For information on how to get involved please visit

<https://www.boston.gov/departments/food-access/bosfoodlove>

**Breakfast:** choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.