

HOT SEPTEMBER BREAKFAST

BACK to SCHOOL

New school years are for new beginnings! Now is the perfect time to try that new food, hobby or skill you've always been curious about. **What's your new goal?**



Learn more about us on our *new* website at [revolutionfoods.com!](http://revolutionfoods.com)

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

4

5

6

7

- egg and cheddar bagel/fruit
- zee zee berry apple crisp bar/fruit

- banana muffin/fruit
- blueberry burst bagel w/ cream cheese/ fruit

10

- yogurt/educational snacks/ fruit
- string cheese/cinnamon grahams/ fruit

11

- cinnamon toast bagel/ fruit
- apple cinnamon muffin/ hard boiled egg/fruit

12

- mini cheese omelet w/ French toast stick/ fruit
- plain bagel w/ cream cheese/ fruit

13

- southwest chicken chorizo and cheddar english muffin/ fruit
- lemon muffin/ fruit

14

- corn chex/ string cheese/ fruit
- cinnamon raisin bagel w/ cream cheese/ fruit

17

- zee zee berry apple crisp bar/ fruit
- yogurt/ education snacks/ fruit

18

- cheddar cheese and omelet gordita
- blueberry burst bagel w/ cream cheese/ fruit

19

- french toast stick, maple turkey sausage & egg combo/ fruit
- multigrain cheerios/ string cheese/ fruit

20

- classic chicken sausage and cheddar bagel/ fruit
- yogurt/ cinnamon grahams/ fruit

21

- blueberry muffin/ fruit
- string cheese/ cinnamon grahams/ fruit

24

- corn chex/ string cheese/ fruit
- yogurt/ honey grahams/ fruit

25

- pepper jack cheese and omelet gordita
- cinnamon raisin bagel w/ cream cheese/ fruit

26

- french toast sticks
- banana muffin/ fruit

27

- classic egg and cheddar english muffin/ fruit
- zee zee cinnamon crisp bar/ fruit

28

- yogurt/ granola/ fruit
- cinnamon crumble/ fruit