

DECEMBER COLD BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <ul style="list-style-type: none"> <li>• zee zee berry apple crisp / fruit</li> <li>• string cheese/ cinnamon graham/ fruit</li> </ul>	4 <ul style="list-style-type: none"> <li>• yogurt/ educational snacks/ fruit</li> <li>• plain bagel / cream cheese/ fruit</li> </ul>	5 <ul style="list-style-type: none"> <li>• autumn spice muffin/ fruit</li> <li>• corn chex/ string cheese / fruit</li> </ul>	6 <ul style="list-style-type: none"> <li>• blueberry bagel/ cream cheese / fruit</li> <li>• lemon muffin/ fruit</li> </ul>	7 <ul style="list-style-type: none"> <li>• zee zee berry apple crisp bar / fruit</li> <li>• cinnamon raisin bagel / cream cheese &amp; grape jelly / fruit</li> </ul>
10 <ul style="list-style-type: none"> <li>• multigrain cheerios/ string cheese/ fruit</li> <li>• yogurt/ cinnamon graham/ fruit</li> </ul>	11 <ul style="list-style-type: none"> <li>• zee zee cinnamon crisp bar/ fruit</li> <li>• blueberry muffin/ fruit</li> </ul>	12 <ul style="list-style-type: none"> <li>• plain bagel / cream cheese/ fruit</li> <li>• string cheese/ cinnamon graham/ fruit</li> </ul>	13 <ul style="list-style-type: none"> <li>• cinnamon crumble/ fruit</li> <li>• yogurt/ granola/ fruit</li> </ul>	14 <ul style="list-style-type: none"> <li>• corn chex/ string cheese/ fruit</li> <li>• blueberry bagel/ cream cheese/ fruit</li> </ul>
17 <ul style="list-style-type: none"> <li>• zee zee berry apple crisp bar/ fruit</li> <li>• yogurt/ cinnamon graham/ fruit</li> </ul>	18 <ul style="list-style-type: none"> <li>• plain bagel / cream cheese/ fruit</li> <li>• corn chex/ string cheese/ fruit</li> </ul>	19 <ul style="list-style-type: none"> <li>• autumn spice muffin/ fruit</li> <li>• string cheese/ cinnamon graham/ fruit</li> </ul>	20 <ul style="list-style-type: none"> <li>• yogurt/ educational snacks/ fruit</li> <li>• blueberry bagel / cream cheese/ fruit</li> </ul>	21 <ul style="list-style-type: none"> <li>• lemon muffin/ fruit</li> <li>• zee zee cinnamon crisp bar/ fruit</li> </ul>
24	25	26	27	28
NEW YEAR'S EVE! 31				

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



*Don't forget to grab a carton of low-fat or non-fat milk with breakfast!*

**Breakfast:** choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.