

April Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Fruited Yogurt and Graham Sticks	2 SunChips and Fresh Apple	3 Sunbutter and Jelly Sandwich with Milk	4 Corn Muffin and Banana	5 Go Big Yogurt and Graham Sticks
8 Corn Muffin and Cheese Stick	9 Go Big Yogurt and Graham Sticks	10 SunChips and Cheese Stick	11 Sunbutter and Jelly Sandwich with Milk	12 Fruited Yogurt and Graham Sticks
15 Patriots' Day No School	16 Spring Recess No School	17 Spring Recess No School	18 Spring Recess No School	19 Good Friday No School
22 SunChips and Cheese Stick	23 Fruited Yogurt and Graham Sticks	24 Corn Muffin and Cheese Stick	25 Go Big Yogurt and Graham Sticks	26 Sunflower Seeds and Banana
29 Fruited Yogurt and Graham Sticks	30 SunChips and Fresh Apple			



A snack must be 2 of the 5 components:

- Grain
- Meat/meat Alternate
- Fruit (3/4 cup)
- Vegetable (3/4 cup)
- Fluid Milk
- All menu items that contain peanuts or tree nuts as an ingredients are clearly named

Please Note:

- If you have a food allergy please speak to the school nurse and advise your kitchen manager
- Menu is subject to change

*To find out more about BPS Food and Nutrition Services visit us at:
<http://www.bostonpublicschools.org/fns>*

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