

March Breakfast in the Classroom and Grab and Go Cart Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Rice Chex With Cheese Sticks Choice of Fresh Fruit Milk
4 Cinnamon Crisp Zee Zee Bar Choice of Fresh Fruit Milk	5 Cinnamon Spiced Sweet Potato Pancakes Choice of Fresh Fruit Milk	6 French Toast Sticks Choice of Fresh Fruit Milk	7 Egg and Cheese Breakfast Sandwich Choice of Fresh Fruit Milk	8 Fruited Yogurt Cinnamon Bitz Choice of Fresh Fruit Milk
11 Cheerios With Cheese Stick Choice of Fresh Fruit Milk	12 Egg and Cheese Breakfast Sandwich Choice of Fresh Fruit Milk	13 IW Whole Grain Bagel with Cream Cheese Choice of Fresh Fruit Milk	14 French Toast Sticks Choice of Fresh Fruit Milk	15 Berry Apple Crisp Bar Choice of Fresh Fruit Milk
18 LOCAL 88 Acres Cinnamon Oat Bar Choice of Fresh Fruit Milk	19 French Toast Sticks Choice of Fresh Fruit Milk	20 Egg and Cheese Breakfast Sandwich Choice of Fresh Fruit Milk	21 IW Whole Grain Bagel with Cream Cheese Choice of Fresh Fruit Milk	22 Rice Chex With Cheese Sticks Choice of Fresh Fruit Milk
25 Cinnamon Crisp Zee Zee Bar Choice of Fresh Fruit Milk	26 Cinnamon Spiced Sweet Potato Pancakes Choice of Fresh Fruit Milk	27 French Toast Sticks Choice of Fresh Fruit Milk	28 Egg and Cheese Breakfast Sandwich Choice of Fresh Fruit Milk	29 Fruited Yogurt Cinnamon Bitz Choice of Fresh Fruit Milk



Grab and Go Carts will have additional cold breakfast options available daily. Which may include:

LOCAL 88 Acres bar, assorted ZeeZee bars, low sugar cereals, whole grain bagels, Safe + Fair graham sticks or cinnamon bitz or granola, fruited yogurt, cheese sticks, and hard boiled eggs

Did You Know?:

Breakfast and Lunch is FREE For all Students

Breakfast Milk Choices

1 % Plain & Nonfat Plain

Please Note:

- If you have a food allergy please speak to the school nurse and advise your kitchen manager
- Menu is subject to change

*To find out more about BPS Food and Nutrition Services visit us at:
<http://www.bostonpublicschools.org/fns>*

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