## YEAR AT A GLANCE

### Student Learning Outcomes by Marking Period

#### 2017-2018

<table>
<thead>
<tr>
<th>FIRST TRIMESTER</th>
<th>Overarching/general themes</th>
<th>To Demonstrate Proficiency by the End of the Quarter Students Will…. (with eligible content references):</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Marking Period Starts: 9/7/17</strong></td>
<td><strong>Unit: Healthy Balance</strong></td>
<td><strong>Content/skill SWBAT statement (corresponding standards):</strong></td>
</tr>
</tbody>
</table>
| **Suggested Completion Date: 10/6/17** | **Unit Title: Nutrition Education and Physical Activity** | • Name two nutrients that support healthy body growth (2.GM.K2b) *MM NPA Lesson 1*  
• Identify a goal and take action steps to get healthy amounts of key nutrients (2.GM.S2, NHES 6.2.1) *MM NPA Lesson 1*  
• Identify accurate portion sizes (2.DM.K1) *MM NPA Lesson 2*  
• Identify three major behaviors that contribute to wellness (2.AI.K1, NHES 1.2.1) *MM NPA Lesson 3*  
• Identify people who can help you achieve a goal related to physical activity (2.GM.K1, NHES 6.2.2) *MM NPA Lesson 3*  
• Demonstrate ways to use your time well by connecting with friends through physical activity (2.GM.S1, NHES 8.2.2) *MM NPA Lesson 3* |
| **Suggested Completion Date: 12/1/17** | **Unit: Healthy Lifestyle** | **Content/skill SWBAT statement (corresponding standards):** |
| **First Marking Period Ends: 12/1/17** | **Unit Title: Alcohol, Tobacco, and Other Drugs** | • Identify trusted adults and professionals who can help respond to a possible poisoning or overdose (2.AR.S1)  
• Demonstrate how to contact emergency services (2.AR.S1)  
• Describe the purpose of medicines and how they can be used in the treatment of common medical problems (2.AR.K1)  
• Demonstrate strategies to avoid exposure to secondhand smoke (2.IC.S2, NHES 7.2.2) *MM ATOD Lesson 3*  
• Describe the health consequences of second-hand smoke (2.IC.K2b) *MM ATOD Lesson 3* |

**Assessments During This Period:** Michigan Model for Health Grade 2: Nutrition and Physical Activity Pre-Unit Test/Post-Unit Test
## YEAR AT A GLANCE

**Student Learning Outcomes by Marking Period**  
2017-2018

<table>
<thead>
<tr>
<th>SECOND TRIMESTER</th>
<th>Overarching/general themes</th>
<th>To Demonstrate Proficiency by the End of the Quarter Students Will (with eligible content references):</th>
</tr>
</thead>
</table>
| Marking Period Starts: 12/4/17 | Unit: Healthy Body/Safe Body  
Unit Title: Personal Safety  
Unit Skills: Interpersonal Communication, Decision Making, Health Advocacy | Content/skill SWBAT statement (corresponding standards):  
- Identify personal safety practices for common activities with wheels, such as biking, skateboarding, or riding a scooter (2.HA.K2, NHES 5.2.1) *MM S Lesson 1*  
- Identify safety procedures when in or near water (2.HA.K2, NHES 5.2.1) *MM S Lesson 2*  
- Describe ways to stay safe when using the internet (2.HA.K2, NHES 5.2.1) *MM S Lesson 3*  
- Identify signs that an adult might be treating you in a threatening or dangerous way (2.IC.K1) *MM Lesson 4*  
- Demonstrate ways to respond when an adult puts you in an unwanted, threatening, or dangerous situation (2.IC.S1, NHES 4.2.3) *MM S Lesson 4,5*  
- Describe the basics of gun safety and weapon safety (2.DM.K1a)  
- Encourage peers to make choices that support their personal safety (2.HA.S2, NHES 8.2.2) |
| Suggested Completion Date: 3/16/18 | | |

Second Marking Period Ends: 3/16/18

Assessments During This Period: Michigan Model for Health Grade 2: Safety Pre-Unit Test/Post-Unit Test
### Third Trimester

<table>
<thead>
<tr>
<th>Dates</th>
<th>Overarching/general themes</th>
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</table>
| Marking Period Starts: 3/19/18 | Unit: Healthy Mind  
Unit Title: Social and Emotional Health  
Health Education Skills: Analyzing Influences, Accessing Resources  
SEL Skills: Self-Awareness, Self-Management, Social Relations | Content/skill SWBAT statement (corresponding standards):  
- Recognize a variety of personal feelings and the feelings of others (2.AI.K1)  
  *MM SE Lesson 1,2*  
- Express a variety of feelings positively (2.AI.S2)  
  *MM SE Lesson 3*  
- Demonstrate acceptance and respect for others, including effective listening skills (2.AI.K2)  
  *MM SE Lesson 4*  
- Identify what the school community can do to support positive attitudes, acceptance, and respect for differences (2.AI.S2, NHES 2.2.2)  
  *MM SE Lesson 5,6*  
- Identify adults in the school community who can help you to manage strong feelings (2.AR.S2, NHES 3.2.1)  
  *MM SE Lesson 7,8*  
- Identify adults in the school and community who can help you cope with the loss of a loved one (2.AR.S2, NHES 3.2.1)  
  *MM SE Lesson 7,8* |
| Suggested Completion Date: 6/20/18 | | |

Third Marking Period Ends: 6/20/18

Assessments During This Period: Michigan Model for Health Grade 2: Social and Emotional Health Pre-Unit Test/Post-Unit Test