

# Boston Public Schools K-12 Breakfast Satellite Menu

# June 2017

### **DID YOU KNOW...**

- All grain products are whole grain rich
- Meats are lean and cheeses are low fat
- All products contain Zero Trans Fats and No Nitrates and Nitrites

### **BREAKFAST INCLUDES**

1% Plain Milk  
Fat Free Milk


### **Available Daily**

- Cheerios Cereal

### **PLEASE NOTE**

- If you have a food allergy please speak to your school nurse
- Maple syrup will be offered in cafeteria feeding setting
- Menu is subject to change.

Dept. of Food & Nutrition Services  
(617) 635 9144

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
5	6	7	1	2
Oatmeal Round	Waffles	Egg & Cheese Breakfast Sandwich	Waffles	Strawberry Yogurt Graham Crackers
Fresh & Chilled Fruit	Fresh Fruit	Fresh Fruit	Fresh & Chilled Fruit	Fresh Fruit
12	13	14	8	9
Honey Wheat Bagel w/ Cream Cheese	French Toast	Egg & Cheese Breakfast Sandwich	French Toast	Multi Grain Cheerios Cereal
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh & Chilled Fruit
19	20	21	15	16
Rice Chex Cereal	Egg & Cheese Breakfast Sandwich	French Toast	Pancakes	Corn Muffin
Fresh Fruit	Fresh Fruit	Fresh & Chilled Fruit	Fresh & Chilled Fruit	Fresh & Chilled Fruit
26	27	28	22	23
Oatmeal Round	Waffles	Strawberry Yogurt Graham Crackers	Waffles	Strawberry Yogurt Graham Crackers
Fresh & Chilled Fruit	Fresh Fruit	Fresh Fruit	Fresh & Chilled Fruit	Fresh Fruit
29	30			
			<b>Summer Recess</b>	<b>Summer Recess</b>