

Boston Public Schools K-12 Breakfast Satellite Menu

April 2017

DID YOU KNOW...

- All grain products are whole grain rich
- All products contain no pork
- Meats are lean and cheeses are low fat
- All products contain Zero Trans Fats and No Nitrates and Nitrites, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

BREAKFAST INCLUDES

1% Plain Milk
Fat Free Milk

Available Daily

- Cheerios Cereal

PLEASE NOTE

- If you have a food allergy please speak to your school nurse
- Maple syrup will be offered in cafeteria feeding setting
- Menu is subject to change.

Dept. of Food & Nutrition Services

(617) 635 9144

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Honey Wheat Bagel w/ Cream Cheese Fresh Fruit	4 French Toast Fresh Fruit	5 Egg & Cheese Breakfast Sandwich Fresh Fruit	6 Pancakes Fresh & Chilled Fruit	7 Corn Muffin Fresh & Chilled Fruit
10 Rice Chex Cereal Fresh Fruit	11 Egg & Cheese Breakfast Sandwich Fresh Fruit	12 French Toast Fresh & Chilled Fruit	13 Waffles Fresh & Chilled Fruit	14 No School Good Friday
17 No School Patriots' Day	18 No School Spring Recess	19 No School Spring Recess	20 No School Spring Recess	21 No School Spring Recess
24 Oatmeal Round Fresh & Chilled Fruit	25 Waffles Fresh Fruit	26 Egg & Cheese Breakfast Sandwich Fresh Fruit	27 French Toast Fresh Fruit	28 Multi Grain Cheerios Cereal Fresh & Chilled Fruit
				