

November

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
		<ul style="list-style-type: none"> • classic chicken parm pasta • flame-broiled beef burger(DF) • hummus dippers (VG) <ul style="list-style-type: none"> ○ edamame ○ grape tomatoes <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> • firecracker chicken w/ sesame noodles • uncle ted's drumsticks w/ cheesy rice • southwest veggie wrap (VG) <ul style="list-style-type: none"> ○ coleslaw <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> • cheese pizza w/ wg crust (VG) • oven roasted chicken sandwich(DF) • garden ranch salad w/ chicken <ul style="list-style-type: none"> ○ broccoli <p style="text-align: right;">3</p>
<ul style="list-style-type: none"> • baked mac and cheese and BBQ chicken lunch combo • veggie chili (VG) • turkey and cheddar sandwich <ul style="list-style-type: none"> ○ baby carrots w/ ranch <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> • kickin' chicken alfredo • turkey and cheese flatbread sandwich • sunny sandwich kit (sunbutter and jelly) (VG) <ul style="list-style-type: none"> ○ peas <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> • five cheese lasagna (VG) • crispy chicken sandwich • mighty meaty deli combo sandwich <ul style="list-style-type: none"> ○ grape tomatoes ○ garbanzo beans <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> • chicken teriyaki w/ brown rice (DF) • buffalo chicken crunchadilla • veggie taco salad (VG) <ul style="list-style-type: none"> ○ broccoli <p style="text-align: right;">9</p>	<p>Veteran's Day No School</p> <p style="text-align: right;">10</p>
<ul style="list-style-type: none"> • general tso's chicken w/fried rice • spaghetti marinara (VG) • turkey and cheddar sandwich <ul style="list-style-type: none"> ○ baby carrots w/ ranch <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> • BBQ chicken w/ cheesy rice • pepper jack cheeseburger • hummus dippers (VG) sandwich <ul style="list-style-type: none"> ○ corn <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> • oven roasted chicken sandwich (DF) • sloppy joe (DF) • sunny sandwich kit (sunbutter and jelly) (VG) <ul style="list-style-type: none"> ○ carrots ○ edamame <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> • roasted turkey and stuffing (DF) • chicken enchilada • southwest veggie wrap (VG) <ul style="list-style-type: none"> ○ green beans <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> • cheese pizza w/ wg crust (VG) • lone star BBQ chicken sandwich • sesame chicken salad <ul style="list-style-type: none"> ○ broccoli <p style="text-align: right;">17</p>
<ul style="list-style-type: none"> • creamy tomato curry w/chicken • classic spaghetti and meatballs • hummus dippers (VG) <ul style="list-style-type: none"> ○ baby carrots w/ ranch <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> • turkey and cheese flatbread sandwich • chicken bites • sunny sandwich Kit (sunbutter and jelly) (VG) <ul style="list-style-type: none"> ○ corn <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> • cheese pizza w/ wg crust (VG) • kickin' chicken melt sandwich • chicken salad sandwich <ul style="list-style-type: none"> ○ celery sticks <p style="text-align: right;">22</p>	<p>Thanksgiving Recess No School</p> <p style="text-align: right;">23</p>	
<ul style="list-style-type: none"> • cheese panada pie (VG) • Italian "sausage" calzoni (VG) • mighty meaty deli combo sandwich <ul style="list-style-type: none"> ○ baby carrots w/ ranch <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> • five cheese lasagna (VG) • crispy chicken sandwich • turkey and cheddar sandwich <ul style="list-style-type: none"> ○ corn <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> • chicken bites • flame-broiled beef burger(DF) • sunny sandwich kit (sunbutter and jelly) (VG) <ul style="list-style-type: none"> ○ green beans <p style="text-align: right;">29</p>	<ul style="list-style-type: none"> • firecracker chicken w/ sesame noodles • lone star BBQ chicken sandwich • veggie chef salad (VG) <ul style="list-style-type: none"> ○ edamame ○ grape tomatoes <p style="text-align: right;">30</p>	

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Vegetarian (VG) options available daily.

DF = Dairy-Free

○ Vegetable of the day

This institution is an equal opportunity provider.

