



JULY

Breakfast

Boston School District

BRCS - Summer
Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5 Cheerios Sliced Apples 1% White Milk	6 String Cheese Apple Breakfast Bar Fresh Plum 1% White Milk
9 Sun Butter & Jelly Honey Grahams Fresh Nectarine 1% White Milk	10 Rice Chex Sliced Apples 1% White Milk	11 Banana Mini Loaf Fresh Peach 1% White Milk	12 Vanilla Yogurt Granola Grapes 1% White Milk	13 Multigrain Cheerios Fresh Plum 1% White Milk
16 Cinnamon Toast Crunch Fresh Peach 1% White Milk	17 Blueberry Muffin Grapes 1% White Milk	18 Strawberry Yogurt Granola Fresh Nectarine 1% White Milk	19 Cheerios Sliced Apples 1% White Milk	20 String Cheese Apple Breakfast Bar Fresh Plum 1% White Milk
23 Sun Butter & Jelly Honey Grahams Fresh Nectarine 1% White Milk	24 Rice Chex Sliced Apples 1% White Milk	25 Banana Mini Loaf Fresh Peach 1% White Milk	26 Vanilla Yogurt Granola Grapes 1% White Milk	27 Multigrain Cheerios Fresh Plum 1% White Milk
30 Cinnamon Toast Crunch Fresh Peach 1% White Milk	31 Blueberry Muffin Grapes 1% White Milk			

**** MENU SUBJECT TO CHANGE ****

www.preferredmealsmenu.com



The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all program and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.nsc.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington D.C. 20250-9410, by fax (202)690-7442 or email program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339 or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.