



INVITATION & PERMISSION SLIP
KENNY ELEMENTARY SCHOOL VIRAL VIDEO CHALLENGE

February 6, 2020

Dear Kenny Parents and Guardians,

The Kenny School invites YOU to join us as we embark on an exciting whole-school project: “*The Kenny School is Good and Swell!*” a Lizzo-inspired music video about loving and believing in yourself. As a community, we are writing, performing and recording an original music video that will feature singing and dancing by students, teachers, parents and partners! We are challenging ourselves to 10,000 likes on social media, spreading a message of self-acceptance, Kenny pride, and dedication to education.

If you’re not familiar with Lizzo, she was named TIME magazine’s 2019 Entertainer Of The Year, and earned eight Grammy nominations in 2020 —more than any other artist— including nods in each of the four major categories. Her songs are everywhere from radio stations to tv commercials and sold out tours.

But, we didn’t just select Lizzo because she’s talented and successful. Lizzo also represents an idea rarely seen in popular media: **Love yourself. No matter what you look like or who you are.** Lizzo has said, “It can be hard to stand up to bullies” and seeing her continue to stand up to people who try to make her feel bad about what she looks like is inspiring. “I want you to know that whatever you’re going through, if it doesn’t feel good, that you will feel good again,” Lizzo shared on social media. “You are capable. You deserve to feel good. Life comes at you fast, and sometimes it can be so hard, but if I can make it, I know you can make it, too.”

Students will have an opportunity to film **PARENTS & GUARDIANS** singing and dancing to our remix at the upcoming STEAM night! (Feb 13th 6:00-7:30) **Parents ... Wear your dancing shoes!**

Note: Due to mature language and references in many song lyrics and online videos, we highly recommend that students use the link at the bottom of our lyrics to access the instrumental/audio version of this song when practicing at home. We do not recommend the unsupervised use of Youtube by students for any reason. Our song lyrics are included on the back of this page, and more information will be shared in upcoming days.

Sincerely,
Principal Bryan

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- I do** give my child permission to participate in the audio and video performance and recording of “*The Kenny School is Good and Swell.*” I understand that the final product will be posted on the Kenny School’s website and social media platforms, including Twitter, Instagram and Facebook. I understand that my child’s name and personally identifying information will not be included in the video or video description. I give Kenny School staff permission to record, film, photograph, interview and/or publicly exhibit, distribute, or publish in print and/or electronic media my child’s appearance and performance within this project. I agree that Boston Public Schools may use, or allow others to use, the published video without compensation. I release my child’s school and Boston Public Schools staff from any claims arising out of my child’s appearance or participation in this video.
 - I do not** give permission for my child to participate or appear in any audio, photograph or film recordings within this project. Students are not required to participate in this project and are not penalized for non-participation.

Student Name: _____ Date: _____

Parent Signature: _____ Date: _____

"The Kenny School is Good and Swell"

**[NO lyrics for first 2 bars in
Kenny version]**

**I do my school work
Kenny Shirt
Students, how you feelin'?**
Feeling good and swell!

School work
Kenny Shirt
Students, how you feelin'?

Feeling good and swell!

**Woo child, don't ever quit,
Go on dust your shoulders
off,**
[pause] *Lean* into it

Yeeaaaah child, tryna get to
college
At school every day
soakin' up that knowledge

**...If someone tries to bring
you down...**
[pause] **you're a king,
you're a queen**
don't forget your crown!

I do my school work
Kenny Shirt
Kenny, how you feelin'?

Feeling good and swell!

**School work
Kenny Shirt**
Kenny, how you feelin'?
Feeling good and swell!

*Feeling good and swell
Kenny, how you feelin'?*
Feeling good and swell
[music timing: 1:26]

**Come now, dry your eyes
Know you're a star, you
can touch the sky
I know that it's hard - but
you have to try
If you need advice, let me
simplify**

Kenny - Cats - we're in this
together
Take a deep breath, through
good and bad weather
Hard times - we have all been
through,
But I got ad-vice I been
savin' for you

[pause] **If someone tries to
bring you down** [pause]
[pause] **you're a king,
you're a queen**
don't forget your crown!

I do my school work
Kenny Shirt
Kenny, how you feelin'?

Feeling good and swell!

**School work
Kenny Shirt**
K1, how you feelin'?
Feeling good and swell!

School work
Kenny Shirt
K2, how you feelin'?
Feeling good and swell!

**School work
Kenny Shirt**
Grade 1, how you feelin'?
Feeling good and swell!

School work
Kenny Shirt
Grade 2, how you feelin'?
Feeling good and swell!

**School work
Kenny Shirt**
Grade 3, how you feelin'?
Feeling good and swell!

[music timing: 1:56]
If someone tries to steer us
wrong,
Kenny cats turn right
arouuuuunnnndddd!

[In the break: I DO MY!]
**School work
Kenny Shirt**
Grade 4, how you feelin'?
Feeling good and swell

School work
Kenny Shirt
Grade 5, how you feelin'?
Feeling good and swell!

**School work
Kenny Shirt**
Parents, how you feelin'?
Feeling good and swell!

School work
Kenny Shirt
Partners, how you feelin'?
Feeling good and swell!

Feeling good and swell
Teachers, how you feelin'?
Feeling good and swell!

[END]