

Daily Health Screening

BPS families must monitor their children for symptoms of COVID-19 every day before school. Some symptoms of COVID-19 are the same as the flu or a bad cold; please do not assume it is another condition. When in doubt, **stay home** and call your primary care provider. **YOUR CHILD MUST STAY HOME** if your child or anyone in the home has any of the symptoms listed below:

- Fever (100.0°F or higher without fever-reducing medicine), chills or shaking chills
- Cough
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Sore throat
- Headache
- Muscle aches or body aches
- Nausea, vomiting, or diarrhea
- Fatigue
- Nasal congestion or runny nose

OR

- Any student who is in close contact with a person who has COVID-19** must stay home from school and quarantine for 10 days from the date of the last interaction with that person.
- If you have recently traveled outside of Massachusetts:** please review the current order related to out-of-state travel (below). Your child will be required to quarantine for 10 days - except in the case of
 - a student, age 11 and older, with a negative COVID-19 test result that has been administered no more than 3 days before arriving in Massachusetts
 - a student, age 10 and under, with a parent/guardian negative COVID-19 test result that has been administered no earlier than 3 days before your arrival in Massachusetts.
 - ALL students** must quarantine or meet the 3-day testing rule if returning from international travel.

If your child has any symptoms:

- they must remain home and be evaluated by their primary care provider to consider testing for COVID-19.
- parents/guardians must report the absence to the school administration and school nurse, noting if the absence is COVID-19 related.
- inform the school nurse of the medical provider's recommendations, in writing, before returning to school.

Testing Procedure

- Call your child's primary care physician, local community health center, or local COVID-19 testing site. A list of test sites across Massachusetts is available at [mass.gov/info-details/about-covid-19-testing](https://www.mass.gov/info-details/about-covid-19-testing) and test sites throughout Boston can be found at [boston.gov/departments/public-health-commission/map-covid-19-testing-sites](https://www.boston.gov/departments/public-health-commission/map-covid-19-testing-sites). Some sites may require a pre-screening, referral, and/or appointment.
- Call your child's school nurse for help.

Out of State or Country Travel

All travelers arriving in Massachusetts – including Massachusetts residents returning home – are required to self-quarantine for 10 days. There are exceptions to the [Governor's travel restrictions](https://www.mass.gov/info-details/covid-19-travel-order) (<https://www.mass.gov/info-details/covid-19-travel-order>); travelers from a small list of close or adjacent states arriving in Massachusetts are exempt from this directive and need not quarantine for 10 days. Please also refer to the [City of Boston Travel Policy](https://docs.google.com/document/d/1c1d0l8Vett9bcg6qiaJRpKReMWqjZsJB9tuv5WP-bC4/edit?usp=sharing) (<https://docs.google.com/document/d/1c1d0l8Vett9bcg6qiaJRpKReMWqjZsJB9tuv5WP-bC4/edit?usp=sharing>).