

Pre Boston

Family Newsletter - October 2021

Monthly News from Boston Universal Pre-K for Parents and Caregivers

Dear Boston UPK Parents & Caregivers,

Welcome to the Boston Universal Pre-K community! We are excited that your child has joined us this year for pre-k at a Boston UPK community-based organization. My name is Joelle Auguste and I am the Family Engagement and Comprehensive Services Manager for Boston Universal Pre-K.

You will receive this Family Newsletter once a month throughout the school year. The Family Newsletter features news on activities at UPK sites, news from Boston Public Schools, important dates, free events and workshops hosted by Boston UPK partners, and articles from our partners with helpful tips.



Boston UPK partners who contribute events and articles you will see in this newsletter include Families First, Boston Family Engagement Network (BFEN), Vital Village/STRIVE, The Basics, The Home for Little Wanderers, and the Boston Public Schools Special Education and Related Services team.

We're happy to share the October Family Newsletter which includes details on the Families First Power of Parenting program, which is still enrolling for its fall program in Spanish (flyer on next page, sign up [here](#)). The program is free to caregivers of UPK students! You will also find an introduction to the Early Childhood Family Council and a welcome from one of the co-chairs, Sarah Olia. We look forward to offering you more resources in the coming months as the school year gets under way so please check the Family Newsletter each month. If interested, please ask the Family Engagement Coordinator at your site about the opportunity to join the Early Childhood Family Council (ECFC) and represent your UPK program. The Family Council offers parents an opportunity to have their voices heard and participate in the governance of the UPK program.

While the COVID-19 pandemic is unfortunately still ongoing, we hope that your family will experience some level of normalcy this school year. We hope that the resources we provide are helpful as you navigate impacts of the pandemic on daily life and your child's development and routines.

Please feel free to reach out to me if you have ideas on what types of resources would be helpful or if you have questions about anything in this newsletter. My contact information is below and I look forward to hearing from you!



Here's to a great school year!

Joelle Auguste
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FAMILIES
FIRST



En alianza
con:

PreK
Boston
A City of Boston Initiative

¿Tiene un hijo/a entre 3 y 8 años?

¡UNACE AL PROGRAMA VIRTUAL DE EL PODER DE LA CRIANZA!

PROGRAMA INCLUYE:

- 12 sesiones, una vez por semana
- Posibilidad de ganar hasta \$100.00 en tarjetas de regalo para viveres
- Oportunidades de Liderazgo



- Oportunidad para ganar \$100 en ropa de Dress for Success



DONDE Y CUANDO:

- Jueves (Espanol)
- Comienza 21 de octubre
- 6:15PM
- Link de Zoom sera enviado al registrarse
- Programas en ingles: marzo del 2021



APRENDA

sobre las etapas de desarrollo de su hijo/a

CONNECTE

con otros padres y comparta éxitos y desafíos

EXPANDA

su repertorio de estrategias de crianza

RELÁJATE

descubriendo técnicas de autocuidado

CREZCA

individualmente y como comunidad

Espacio Limitado. Regístrese hoy!

<https://tinyurl.com/UPKPowerofParenting>

Para mas información, contáctese con: Marissa Lehrman · mlehrman@families-first.org · 781-819-3522

A Note from the Co-chair of the Early Childhood Family Council

Sarah Olia



My name is Sarah Olia and I am a co-chair of the inaugural Early Childhood Family Council. In addition to being a parent of two young children, I work full-time at Harvard Kennedy School.

My son Conrad attended the UPK program at Roxbury Tenants of Harvard (RTH) Early Education Center in the Longwood Medical Area and had a wonderful experience. We felt extremely fortunate that he had the opportunity to learn in person with a team of skilled, thoughtful, and compassionate educators. We observed Conrad develop in a variety of dimensions, both socially and academically. For Conrad, the relatively small class size and engaging curriculum helped him to transition from his home daycare and prepare him for K2. Conrad is attending a UPK Connector school, JFK Elementary School in Jamaica Plain, along with a couple of his UPK classmates this year.

Being a part of the ECFC has increased my enthusiasm for the UPK program. As a steering committee member, I've had the chance to participate in meetings with UPK leadership teams and community stakeholders, which has broadened my understanding and appreciation for the planning, research, and care that has gone into building the UPK model. I hope that the ECFC continues to be a critical link and voice for families in the years to come!

Meet the Boston UPK partners

Partners offer a variety of programs and resources for families. Keep an eye out for upcoming opportunities.

