

Helitaanka **CAAFIMAADKA MASKAXDA**

1

Wac Khadka Tooska ah ee BHS:

617 -635 -9676

Dhakhaatiirta cilmu-nafsiga ee iskuulka iyo shaqaalaha bulshada ayaa soo wacaya **Isniinta - Jimcaha, 9ka subaxnimo - 5 galabnimo** inta lagu jiro fasaxa jiilaalka. Haddii aad u baahan tahay taageero caafimaadka maskaxda ah ee ardaygaaga, waad wici kartaa khadka taleefanka, waxayna kaa caawin doonaan inay kugu xidhaan ilaha ku habboon.

2

La xiriir dhakhtarka ilmahaaga / ardaygaaga.

Wixii taageero dheeraad ah ee ku saabsan xiritaanka, la xiriir dhakhtarka ilmahaaga. Adeegso farriinta khadka tooska ah ama taleefanka si aad ula xiriirto hay'adda oo aad u aqoonsato ilaha.

3

Wac kooxda UGU FIICAN: 1-800-981-4357

Kooxda Adeegyada Degdegga ah ee Boston (BEST) waxay u diraan dhakhaatiirta dhibaataada ee mobilada guryaha, dugsiyada, bukaan socod eegtada bukaan socodka iyo goobo kale oo badan oo bulshada ah.

4

Aad xarunta daryeelka degdegga ah ama bukaan socod daryeesha

Xaaladda degdegga ah, xarumaha daryeelka degdegga ah ee degdegga ah ama bukaan socod eegtada ayaa bixin kara taageero dheeraad ah. Goobaha daryeelka degdegga ah ee ugu wanaagsan ayaa kugula talinaya inaad horay u soo wacdo ka hor booqashada: 1-800-981-4357

BEST Bay Cove Degdeg ah
Solomon Carter Fuller Xarunta Caafimaadka
Maskaxda
85 East Newton Street, Dabaqa
1aad
Boston, MA 02118

BEST North Suffolk Daryeelka
Degdega ah Erich Lindemann
Xarunta Caafimaadka Maskaxda
25 Staniford Street, Dabaqa
2aad
Boston, MA 02114

BEST North Suffolk Daryeelka
Degdega ah
140 B South Street
Jinsiga Jamaica, MA 02130



BPS Department Of
**Behavioral Health
Services**



Boston Public Schools
Every Child Deserves a Safe
and Supportive School

Kheyraad Dheeraad ah:

XAALADAHA DEG DEGA

Wac **911** haddii aad ka welwelsan tahay halista soo socota

DEGDEG AH DEGDEGA CAAFIMAADKA MASKAXDA

Wac kooxda UGU FIICAN:

1-800-981-HELP (4357)

Wac ama farriin khadka taleefanka ah ee 24/7 ee reer Samaariya:

877 -870 -4673

HOTLINES

DCF: (617) 748-2000

Rabshadaha qoyska: (877) 785-2020

Xarunta U-doodista Ilmaha ee

Degmada Suffolk: (617)-779-2146

KHAYRAADKA QOYSKA

[Websaydada BPS Karoonafayraska](#)

[Kalahadlida Caruurta COVID-19](#)

(Ingiriis, Isbaanish, Amheric, Shiine, Kuuriyaan, Faransiis & Fiitnaam)

[Kahortaga Cunsuriyada Coronavirus iyo](#)

[Cunsuriyada](#) (Ingiriis iyo Isbaanish)

[Maareynta Cadaadiska iyo Walaaca Inta Uu Socdo](#)

[Dillaacan Macluumaadka iyo Kheyraadka Coronavirus](#)

[Fahamka Guud ee 'Sense Media App' ee loogu talagalay](#)

[Barnaamijyada Caafimaadka Maskaxda Caawinta Carruurta La](#)

[Qabsashada Xaaladaha Degdegga ah](#)

[Daryeelka Caafimaadkaaga](#)

[Habdhagankaaga Xarunta U-doodista](#)

[Carruurta Kheyraadka](#)

KHAYRAADKA BULSHADA

Wixii ah **dhammaystiran** liiska dhammaan ilaha, fadlan tixraac [Bogga Kheyraadka Magaalada Boston](#), taas oo si joogto ah loo cusbooneysiyo

DARYEELKA CAAFIMAADKA

(jireed & maskaxeed)

Khadadka Caafimaadka

Duqa magaalada

617-534-5050

TAHRIIBKA

[Hagaha Kheyraadka ee Qoysaska Muhaajiriinta ah](#)

Waxa kale oo aad wici kartaa [Boston Of fi ce ee Muhaajir Horumar](#)

617-635-2980

GURYAHA

[Of ce ee Degenaanshaha Guryaha](#) 617-635-4200

Codso tixraacyada bilowga ah ee barnaamijka foojarka loogu talagalay qoysaska laba-laabka ah adigoo dhammaystiraya tan [qaab](#). Ogoonow in kani yahay iskaashi cusub oo aanu wax ka qaban doonin baahiyaha degdegga ah ee nabadgelyada; fadlan sidoo kale ka faa'iideyso Xafiiska Degenaanshaha Guryaha sidoo kale la tasho waaxda Dhallinyarada ee Fursadaha BPS si loo hubiyo nabadgelyada.

CUNTADA

3 -1 -1

&

Khadka Caawinta DTA

(877) 382-2363

SHAQO LA'AAN

[Waaxda Shaqo La'aanta Gargaarka \(MA\)](#)

[Deeqaha & Lacagta Gargaarka ee Magaalada Boston](#)

[Sanduuqa Gargaarka Kirada](#)

Gargaarka Degdegga ah Waxaa lagu heli karaa adigoo waca:

- 2-1-1 (gobolka oo dhan)
- 3-1-1 (magaalada Boston)