Benefits of the Performing Arts

Self-Confidence
Taking risks in rehearsal and performing for an audience teaches students to trust their ideas and abilities. This confidence will apply in nearly every aspect of their future.

Imagination
In a world addicted to technology, theatre provides an outlet for making creative choices, thinking new ideas, and interpreting the material in expressive ways that are the essence of drama.

Empathy & Tolerance
Acting roles from different situations, time periods, and cultures promotes compassion and tolerance for others.

Cooperation/Collaboration
Theatre combines the creative ideas and abilities from its participants.

Concentration
Playing, practicing, and performing develop a sustained focus of mind, body, and voice which helps with other areas of life, including school.

Communication Skills
Drama enhances verbal and nonverbal expression of ideas. It improves voice projection, articulation, fluency of language, and persuasive speech.

Problem Solving
Students learn to communicate the who, what, where, when, and why to the audience. Improvisation fosters quick-thinking solutions, which leads to greater adaptability in life.

Fun
Theatre brings play, humor, and laughter to learning; this improves motivation and reduces stress.

**Trust**
The social interaction and risk taking in drama develop trust in self, others, and the process.

**Memory**
Rehearsing and performing the words, movements, and cues strengthen this skill like a muscle.

**Social Awareness**
Legends, myths, poems, stories, and plays used in drama teach students about social issues and conflicts from cultures past and present, all over the world.

**Aesthetic Appreciation**
Participating in and viewing theater raise appreciation for the art form. It is important to raise a generation that understands, values, and supports theater's place in society.