



**Boston Public Schools
Anti-bullying & Violence Prevention Curriculum**

Office of Special Education & Related Services

PROGRAM	GRADE	TOPIC
Second Step Violence Prevention English and Spanish	K-8, Middle School	Second Step is a classroom based social skills program aimed at reducing impulsive and aggressive behavior while increasing social competence. Second Step also has a family component. The middle school level includes a bullying prevention unit. Second Step is compatible with the Olweus Bullying Prevention Program. www.cfchildren.org
Quit It	K-3	This research based program for the primary grades helps reduce teasing and bullying behavior.
BullyProof	Grade 3-5	Sequential Classroom lessons, class discussion, roleplays, To help students explore differences between “teasing” and “bullying” and eventually sexual harassment. Research based
Olweus Bullying Prevention English and Spanish	Elementary, Middle, and High School	This program restructures the existing school environment to reduce opportunities and rewards for bullying. It is research based and proven to drastically reduce bullying behavior. It is recognized as a Model Program, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services. It qualifies for Federal and State funding. Currently being tested in the high school. http://olweus.org/public/index.page http://stopbullyingma.org/
Steps to Respect	Grades 3 – 6	Anti-bullying lessons on friendship and respect skills
Aggressors Victims and Bystanders	Grade 6 – 9	Violence prevention and building social competencies. Teaches a Think-First Model of Conflict Resolution and includes lessons on anger management. This model provides students with a framework for dealing with and changing habits of thought that can result in violence.

Violence Prevention	High School	Increase students' awareness of causes and effects of violence. Helps students to identify positive ways to express anger. The curriculum focuses on anger management with a focus on addressing physical violence. This curriculum is part of the THTM series done by Dr. Deborah Prothrow-Stith.
Flirting or Hurting	Grades 6-12	This program focuses on sexual harassment awareness and education. It comes with a DVD and has 5 chapters with lesson plans, and supplemental activities. www.boystownpress.org
Taking Action to Stop Bullying	Grades 6-8	This curriculum is part of the teenage Health Teaching Modules (THTM) series. The curriculum talks about bullying using reading and writing skills. Students learn effective strategies for dealing with bullying. The curriculum includes reproducible student handouts and transparencies.
Cyber bullying	Grades 6-12	This is an eight session curriculum on cyber bullying and teachers and administrators can download the outline at www.hazeldon.org/cyberbullying . Works well as part of a school-wide bullying prevention program.
Bully Free Classroom	Grades K-8	This book has easy to use reproducible hand outs on bullying. The book includes quizzes and facts about bullying. The book can be ordered and reviewed at www.thereviewzone.com/books/bullyfreeclassroom.html

“Let’s Get Real” video at www.respectforall.org

In this documentary for middle and high school students, kids talk about bullying. Voices of the bully and victim are shown in different scenarios. Various types of bullying are identified in the video. Due to limited copies schools are encouraged to go the website to view video and order copies.

If you would like to know more about these programs, please contact the Violence Prevention Specialists at 617-635-8030. We can help with staff trainings and classroom workshops.

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