



# January 2010



\*District Supplied Milk

Boston Public Schools

Elementary School Satellite Menu

\*Fresh Fruit Subject to Seasonal Availability

Monday	Tuesday	Wednesday	Thursday	Friday
<b>MULTIGRAIN CHERIOS</b> Strawberry Waffle Cracker Peaches  <b>HOMESTYLE CHILI</b> Corn Muffin or <b>CHEESEBURGER ON A BUN</b>  Garden Vegetables Frozen Juice Bar	<b>BUTTERMILK WAFFLES</b> Fresh Pear  <b>BREADED CHICKEN FILLET</b> or <b>CHEESEBURGER ON A BUN</b>  Vegetarian Baked Beans Mixed Fruit Multigrain Sun Chips	<b>WHOLE GRAIN KIX</b> Cinnamon Breakfast Square Pineapple Tidbits  <b>TEX MEX TURKEY RICE BOWL</b>  Tortilla Rounds (Whole Grain) or <b>CHEESEBURGER ON A BUN</b>  Corn & Carrots Fresh Apple Lemon Creme Cookies	<b>CHICKEN BISCUIT</b> Fresh Orange  <b>SALISBURY W/GRAVY</b> Oat Bran Bread or <b>CHEESEBURGER ON A BUN</b>  Mashed Potatoes Chilled Peaches	<b>CHOCOLATE MINI BITES</b> Graham Crackers Applesauce  <b>FRENCH BREAD CHEESE PIZZA</b> or <b>CHEESEBURGER ON A BUN</b>  Baby Carrots Grape Juice Jungle Crackers
<b>FROSTED MINI WHEATS</b> Apple Granola Square Mixed Fruit  <b>TURKEY MINI CORN DOGS W/POTATO FUN SHAPES</b> or <b>TURKEY HAM &amp; CHEESE ON A CROISSANT</b>  French Fries  Fruited Gelatin Cool Ranch Doritos	<b>BEEF SAUSAGE PATTY ON A BISCUIT</b> Fresh Apple  <b>TOASTED CHEESE SANDWICH ON OAT BRAN BREAD</b> or <b>TURKEY HAM &amp; CHEESE ON A CROISSANT</b>  Tomato Soup w/Noodle O's Pineapple Tidbits Mini Pretzels	<b>CHEERIOS</b> Graham Crackers Peaches  <b>CHICKEN PARMESAN</b> Bread Stick or <b>TURKEY HAM &amp; CHEESE ON A CROISSANT</b>  Cut Green Beans Fresh Pear	<b>GOLDEN PANCAKES</b> Fresh Banana  <b>TERIYAKI MEATBALLS WITH RICE</b> Whole Grain Wheat Bread or <b>TURKEY HAM &amp; CHEESE ON A CROISSANT</b>  Green Garden Peas Orange Juice	<b>BAGEL W/CREAM CHEESE</b> Diced Pears  <b>PEPPERONI PIZZA</b> or <b>TURKEY HAM &amp; CHEESE ON A CROISSANT</b>  Baby Carrots Mixed Fruit Apple Oatmeal Cookie
<b>Martin Luther King Jr. Observed</b> 	<b>CHOCOLATE MINI BITES</b> Graham Crackers Applesauce  <b>FRESH JUNIOR SUB</b> or <b>PB &amp; J CUT OUT</b>  Baby Carrots Diced Pears Honey Wheat Pretzels	<b>BLUEBERRY MUFFIN</b> Mixed Fruit Cup  <b>CHICKEN TENDERS WITH POTATO WEDGES</b> Oat Bran Bread or <b>PB &amp; J CUT OUT</b> Potato Wedges  Chilled Peaches	<b>TURKEY HAM &amp; CHEESE ON AN ENGLISH MUFFIN</b> Fresh Pear  <b>HAMBURGER ON A WHEAT BUN</b> or <b>PB &amp; J CUT OUT</b>  Whole Kernel Corn Pineapple Tidbits Reduced Fat Cheetos	<b>MULTIGRAIN CHERIOS</b> Strawberry Waffle Cracker Peaches  <b>CHEESE PIZZA</b> or <b>PB &amp; J CUT OUT</b>  Fresh Orange Apple Juice Cherry Muffin
<b>CHEERIOS</b> Graham Crackers Peaches  <b>PENNE BAKE WITH MEAT SAUCE (Whole Wheat)</b> Garlic Bread or <b>CHICKEN PATTY ON A BUN</b>  Cut Green Beans Mixed Fruit	<b>BREAKFAST TOASTED CHEESE SANDWICH</b> Fresh Apple  <b>TURKEY TACO MEAT (Whole Grain)</b> or <b>CHICKEN PATTY ON A BUN</b>  Fiesta Corn Grape Juice Chocolate Chip Cookie	<b>PB &amp; JELLY BAR</b> Diced Pears  <b>SLOPPY JOE ON A WHEAT BUN</b> or <b>CHICKEN PATTY ON A BUN</b>  Garden Vegetables Pineapple Tidbits Multigrain Sun Chips	<b>FRENCH TOAST STICKS</b> Fresh Orange  <b>CHICKEN NUGGETS WITH POTATO ROUNDS</b> Oat Bran Bread or <b>CHICKEN PATTY ON A BUN</b> Potato Rounds  Cinnamon Apples	<b>WHOLE GRAIN KIX</b> Cinnamon Breakfast Square Pineapple Tidbits  <b>FRENCH BREAD PEPPERONI PIZZA</b> or <b>CHICKEN PATTY ON A BUN</b>  Baby Carrots Fresh Pear Apple Cinnamon Multigrain Mini Crisp

\*\*\*ALL MEALS SERVED WITH APPROPRIATE BUNS, CONDIMENTS AND A CHOICE OF MILK. \*MENU SUBJECT TO CHANGE. FRUIT AND PRODUCE ARE GROWN LOCALLY ON MASSACHUSETTS AND NEW ENGLAND FARMS.



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