

Boston Public Schools K-12 Breakfast Satellite Menu

May 2017

DID YOU KNOW...

- All grain products are whole grain rich
- Meats are lean and cheeses are low fat
- All products contain Zero Trans Fats and No Nitrates and Nitrites

BREAKFAST INCLUDES

1% Plain Milk
Fat Free Milk

Available Daily

- Cheerios Cereal

PLEASE NOTE

- If you have a food allergy please speak to your school nurse
- Maple syrup will be offered in cafeteria feeding setting
- Menu is subject to change.

Dept. of Food & Nutrition Services

(617) 635 9144

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Honey Wheat Bagel w/ Cream Cheese Fresh Fruit	2 French Toast Fresh Fruit	3 Egg & Cheese Breakfast Sandwich Fresh Fruit	4 Pancakes Fresh & Chilled Fruit	5 Corn Muffin Fresh & Chilled Fruit
8 Rice Chex Cereal Fresh Fruit	9 Egg & Cheese Breakfast Sandwich Fresh Fruit	10 French Toast Fresh & Chilled Fruit	11 Waffles Fresh & Chilled Fruit	12 Strawberry Yogurt Graham Crackers Fresh Fruit
15 Oatmeal Round Fresh & Chilled Fruit	16 Waffles Fresh Fruit	17 Egg & Cheese Breakfast Sandwich Fresh Fruit	18 French Toast Fresh Fruit	19 Multi Grain Cheerios Cereal Fresh & Chilled Fruit
22 Honey Wheat Bagel w/ Cream Cheese Fresh Fruit	23 French Toast Fresh Fruit	24 Egg & Cheese Breakfast Sandwich Fresh Fruit	25 Pancakes Fresh & Chilled Fruit	26 Corn Muffin Fresh & Chilled Fruit
29 No School Memorial Day	30 Egg & Cheese Breakfast Sandwich Fresh Fruit	31 French Toast Fresh & Chilled Fruit		